



Queensland Paediatric Rehabilitation Service

Student Medical Certificate

Date

Name: DOB:

Medical Condition:

..... sustained a concussion on

Recommendations for Schooling:

Attendance:

- Part days of school work: gradually increase work load as symptoms decrease
(nb: can attend school full days with rest breaks as required OR attend for part days)
- Full days

Classroom:

- Exempt from exams until attending school full days
- Provide quiet area for rest breaks if required
- Allow thinking rest breaks (attention may be affected) by giving a basic chore or sending on an errand
- Allow extra time to complete work
- Provide handouts to avoid excessive writing

Breaks/Playground

- Supervision in playground
- Supervision for eating lunch
- Nil contact sports during breaks

Access

- Allow student to leave a few minutes early to get to his/her class
- Allow use of disabled toilets
- Allow student to use elevator if available
- Supervision for stairs
- Allow student to be dropped off as close as possible to his/her classroom

Physical Education

- No PE until attending school full days symptom free
- Modified PE (no contact sports)
- Full inclusion

Transport

- Public transport not recommended
- School bus not recommended

Other

- Student is likely to need to attend therapy/medical appointments

PLEASE CONTACT OUR mild TBI nurse IF YOU HAVE ANY QUESTIONS 3068 2950

Signature:

Name:

Designation: